

# Kaizen managing people

It's a people thing!

## Kaizen is simple, so why doesn't it just happen?



- Because like any new activity people have to practice to get good at it.
  - early support is vital!
- Because often we have many years of "this is how we do it here" to over come.
- Because people feel threatened.











# People make the difference



- Self motivation is a matter of choice.
- People are motivated for achievement, satisfaction, money... for themselves.
- People do not destroy what they create.

# Maslow's hierarchy of needs





Abraham Maslow 1908-1970 Brooklyn New York SELF ESTEEM (2) Confidence achievements FREEDOM

SELF ESTEEM (1), fame, recognition reputation, dignity

LOVE AND BELONGING, children, friends, partners

SAFETY NEEDS, shelter, job security, retirement plan, insurance

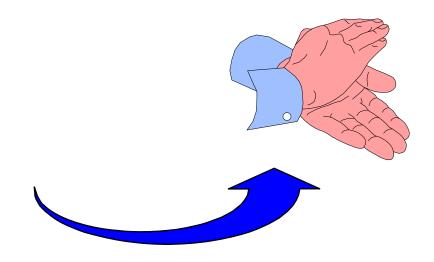
PHYSIOLOGICAL NEEDS, air, water, food, rest, exercise, etc.

# Benefits of Employee Contribution



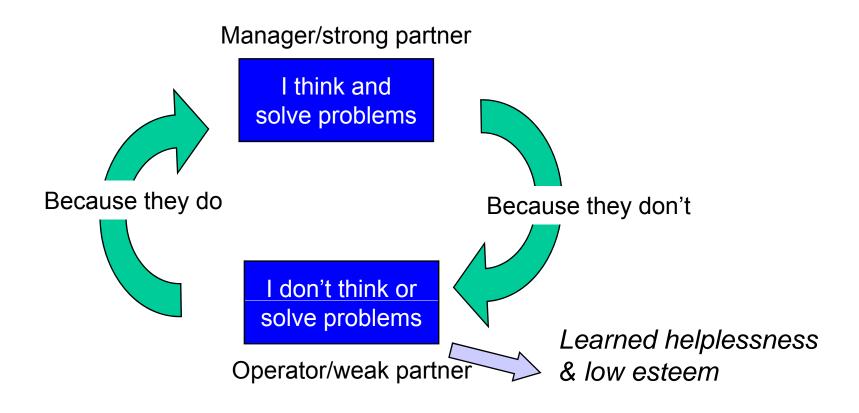
# Opportunity

- new skills & knowledge
- greater confidence
- show the company what you are made of
- advancement
- quality of working life
- self- respect
- improved morale
- recognition
- job security



## Dependency Loop





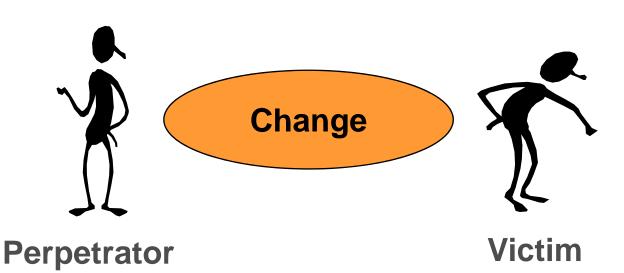
# **Both** must change

# Watch out for victims of change



Bringing change to an environment can seriously de-motivate the people working there!

So what is it about 'change' that causes so much bad feeling?



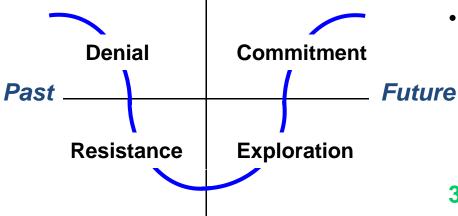
# Bolman's Change Model



#### 1. Denial Stage

- Numbness
- Reaction internal
- Disbelief

# External/Environment



Internal/Self

#### 2. Resistance

- Anger
- Anxiety
- Fear
- Verbal reaction

#### 4. Commitment

- New objectives
- Action plans
- Team work

#### 3. Exploratory

- Begin to accept the inevitability
- Negotiation
- Looking for benefits

## It's about Attitude



### **DNA** of Change

- Desire
- Need
- Ability



- Knowledge
- Skills
- Attitude



# Kaizen Managing People

**Management Basics** 

# Managing yourself first



- Responsibility 'response-ability'
- Behaviour is a function of our decisions not our conditions



 Behaviour is a product of our own conscious choice, based on values not feelings

# Managing yourself first



### **Reactive Language**

There's nothing I can do

That's just the way I am

He makes me so mad

(I'm not responsible. My emotional life is governed by something outside my control)

They won't allow that

I have to do that

(Circumstances or other people are forcing me to do what I do. I'm not free to choose my own actions)

I can't

I must

If only



### **Proactive Language**

Let's look at our alternatives

I can choose a different approach

I can control my own feelings

I can decide how to react

I will choose an appropriate response

I choose

I prefer

I will



## Some Turn Offs



#### Wet Blankets

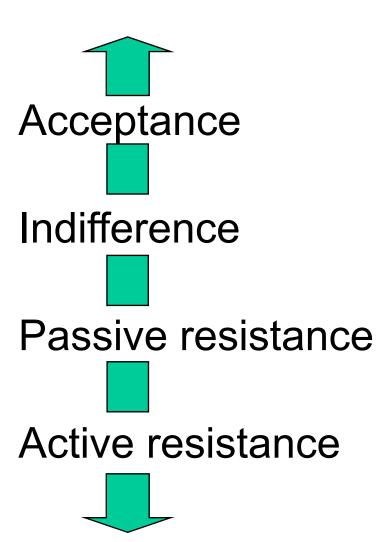
- I am too busy right now.
- It's a good idea, but the timing is wrong.
- It is not in the budget.
- We don't do it like that here.
- Theory is different from practice.
- That's a good idea BUT...
- Isn't their something else for you to do?
- It doesn't match corporate policy.
- It isn't our business. Let someone else think about it.



People are not the problem. Blaming them will not solve the problem. The answer is to make people problem solvers!

# Sabotage to Enthusiasm

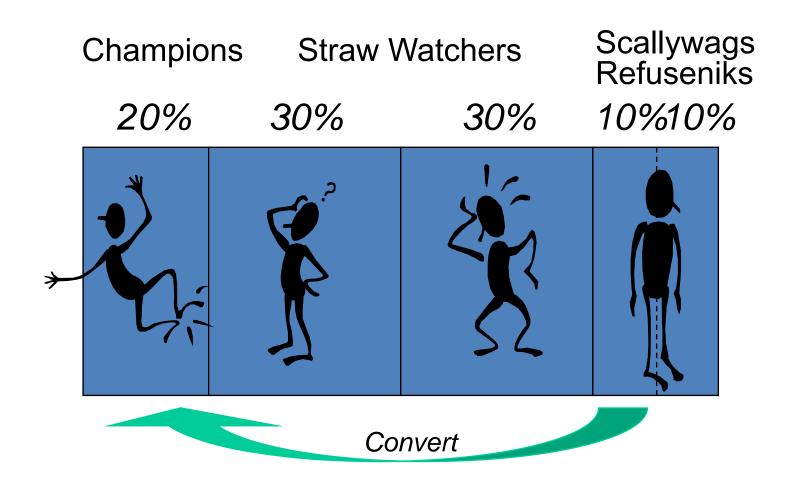




- Enthusiasm
- Co-operation
- Co-operation with assistance
- Acceptance
- Passive Resignation
- Indifference
- Apathy
- Doing only what is ordered
- Regressive behaviour
- Non-learning
- Protests
- Working to rule
- Doing as little as possible
- Slowing down
- Personal withdrawal
- Committing deliberate errors
- Spoilage
- Sabotage

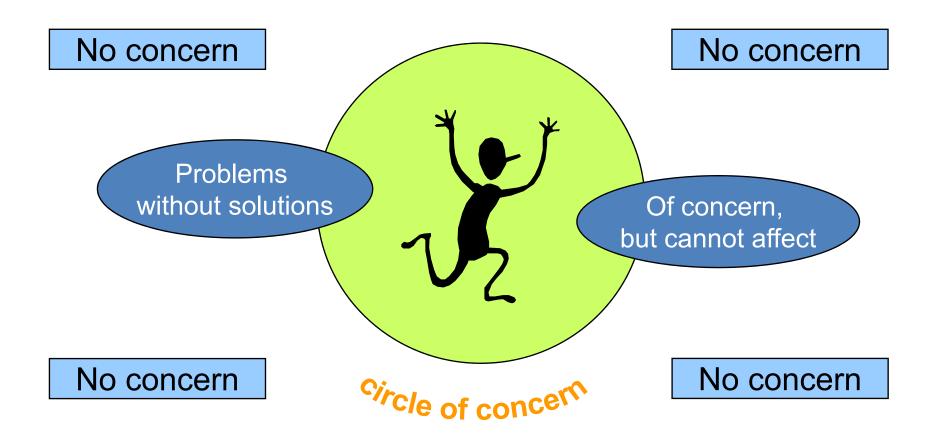
# **Engage the Champions**





## Circle of Concern

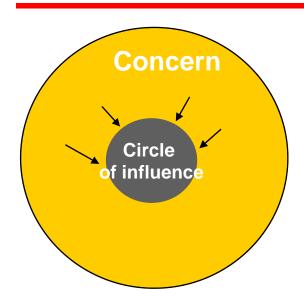




# Increasing your circle of influence



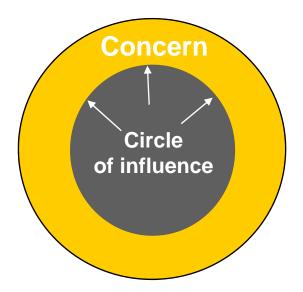
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#### Reactive people focus on:

- the weaknesses of other people
- the problems in the environment and circumstances over which they have no control
- blaming and accusing attitudes
- reactive language
- · increased feelings of victimisation





#### Proactive people focus on:

- · the things they can do something about
- being responsible
- taking the initiative
- making people glad to be around them

the Circle of Influence to shrink

Reactive people - negative energy causes

# Consequences and mistakes





"Free to choose actions - not free to choose consequences!"

Live in harmony with our principles. Do the right thing.

It is OK to make mistakes; part of the learning process:

- acknowledge it instantly
- correct it
- learn from it

### Success is on the far side of failure!

# Managing conflict



Big part of our day to day contact with people is dealing with conflict:

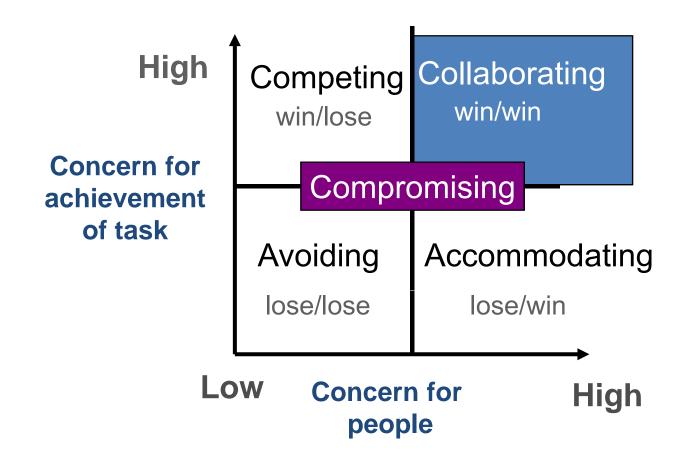
"I need this, but you need that."
There are 5 ways to handle conflict:

- Compromise
- Compete
- Avoid
- Accommodate
- Collaborate



# Managing conflict





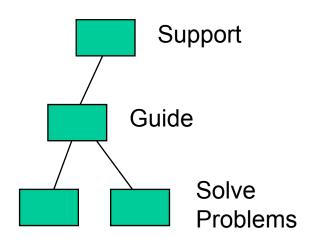
# Solution to Dependency Loop



Don't solve other peoples problems!!!

- Set smart objectives
- Support & guide
- Coach
  - Situation
  - Options
  - Consequence
  - Select





Learn to co-operate & trust by giving each other new experiences

## Frustration drives people back in to dependency

# One Minute Manager

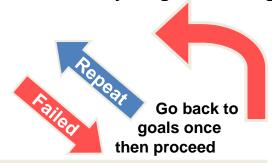




# ONE MINUTE GOAL SETTING

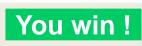
Write on one sheet, read in ONE MINUTE





# ONE MINUTE PRAISINGS

praise the <u>behaviour</u>
(with true feelings)
do it <u>soon</u>
be specific
tell the person what they did right
and how you <u>feel</u> about it
<u>encourage</u> the person
(with true feelings)
shake hands.



# ONE MINUTE REPREMANDS

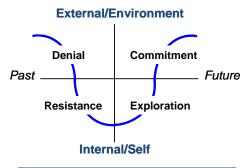
reprimand the <u>behaviour</u>
(with true feelings)
do it <u>soon</u>
be specific
tell the person what they did <u>wrong</u>
and how you <u>feel</u> about it
<u>encourage</u> the person
(with true feelings)
shake hands.



## Summary







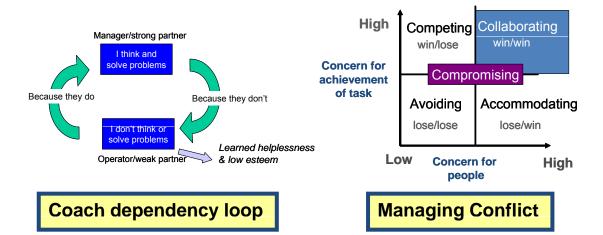


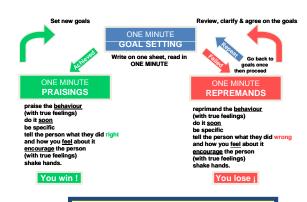
Maslow's Pyramid

Resistance to change

Good attitude

**Decide your behaviour** 





**One Minute Manager**